

The Prayer Book Office

A form of the Daily Office for use in the Rivendell Community

Morning and Evening Prayer

Week Seven

Week Seven is used for the weeks of the following Sundays:

7 Epiphany

5 Lent

Proper 1 (Sunday closest to May 11)

Proper 8 (Sunday closest to June 29)

Proper 15 (Sunday closest to August 17)

Proper 22 (Sunday closest to October 5)

Proper 29 (Sunday closest to November 23)

Sunday, Week Seven

Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

Worship the Lord in the beauty of holiness: *Come let us adore him.*

In Lent

The Lord is full of compassion and mercy: Come let us adore him.

Jubilate *Psalm 100*

Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.
Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.
For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

The Psalms

118 *Confitemini Domino*

Antiphon

Give thanks to the Lord, for he is good; his mercy endures for ever. +

Lent The stone which the builders rejected has become the chief cornerstone. This is the Lord's doing, and it is marvelous in our eyes.

Give thanks to the Lord, for he is good; *
his mercy endures for ever.

+ Let Israel now proclaim, *
"His mercy endures for ever."

Let the house of Aaron now proclaim, *
"His mercy endures for ever."

Let those who fear the Lord now proclaim, *
"His mercy endures for ever."

I called to the Lord in my distress; *
the Lord answered by setting me free.

The Lord is at my side, therefore I will not fear; *
what can anyone do to me?

The Lord is at my side to help me; *
I will triumph over those who hate me.

It is better to rely on the Lord *
than to put any trust in flesh.

It is better to rely on the Lord *
than to put any trust in rulers.

All the ungodly encompass me; *
in the name of the Lord I will repel them.

They hem me in, they hem me in on every side; *
in the name of the Lord I will repel them.

They swarm about me like bees; they blaze like a fire of thorns; *
in the name of the Lord I will repel them.

I was pressed so hard that I almost fell, *
but the Lord came to my help.

The Lord is my strength and my song, *
and he has become my salvation.

There is a sound of exultation and victory *
in the tents of the righteous:

"The right hand of the Lord has triumphed! *
the right hand of the Lord is exalted! the right hand of the Lord has triumphed!"

I shall not die, but live, *
and declare the works of the Lord.

The Lord has punished me sorely, *
but he did not hand me over to death.

Open for me the gates of righteousness; *
I will enter them; I will offer thanks to the Lord.

"This is the gate of the Lord; *
he who is righteous may enter."

I will give thanks to you, for you answered me *
and have become my salvation.

The same stone which the builders rejected *
has become the chief cornerstone.

This is the Lord's doing, *
and it is marvelous in our eyes.

On this day the Lord has acted; *
we will rejoice and be glad in it.

Hosannah, Lord, hosannah! *
Lord, send us now success.

Blessed is he who comes in the name of the Lord; *
we bless you from the house of the Lord.

God is the Lord; he has shined upon us; *
form a procession with branches up to the horns of the altar.

"You are my God, and I will thank you; *
you are my God, and I will exalt you."

Give thanks to the Lord, for he is good; *
his mercy endures for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading (or after second Reading in Lent):

(In Lent: Canticle 14)

16 The Song of Zechariah *Benedictus Dominus Deus*

Luke 1:68-79

Antiphon

The Lord has come to his people and set them free.

Lent God has given his people knowledge of salvation by the forgiveness of their sins.

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,

Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

After the second Reading:

Canticle 21 We Praise You, O God *Te Deum laudamus*

We praise you, O God,
we acclaim you as Lord;
all creation worships you,
the Father everlasting.
To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the king of glory,
the eternal Son of the Father.
When you took our flesh to set us free
you humbly chose the Virgin's womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come to be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;

R. Govern and uphold them, now and always.

V. Day by day we bless you;

R. We praise your Name for ever.

V. Lord, keep us from all sin today;

R. Have mercy on us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. For we put our trust in you.

V. In you, Lord, is our hope;

R. And we shall never hope in vain.

The Officiant then says

The Collect of the Day

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Let us bless the Lord.

Thanks be to God.

Sunday Evening Prayer

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalm

145 *Exaltabo te, Deus*

Antiphon

Your kingdom, O Lord, is an everlasting kingdom

Lent The Lord fulfills the desire of those who fear him; he hears their cry and helps them.

I will exalt you, O God my King, *
and bless your Name for ever and ever.

Every day will I bless you *
and praise your Name for ever and ever.

Great is the Lord and greatly to be praised; *
there is no end to his greatness.

One generation shall praise your works to another *
and shall declare your power.

I will ponder the glorious splendor of your majesty *
and all your marvelous works.

They shall speak of the might of your wondrous acts, *
and I will tell of your greatness.

They shall publish the remembrance of your great goodness; *
they shall sing of your righteous deeds.

The Lord is gracious and full of compassion, *
slow to anger and of great kindness.

The Lord is loving to everyone *
and his compassion is over all his works.

All your works praise you, O Lord, *
and your faithful servants bless you.

They make known the glory of your kingdom *
and speak of your power;

That the peoples may know of your power *
and the glorious splendor of your kingdom.

Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.

The Lord is faithful in all his words *
and merciful in all his deeds.

The Lord upholds all those who fall; *
he lifts up those who are bowed down.

The eyes of all wait upon you, O Lord, *
and you give them their food in due season.

You open wide your hand *
and satisfy the needs of every living creature.

The Lord is righteous in all his ways *
and loving in all his works.

The Lord is near to those who call upon him, *
to all who call upon him faithfully.

He fulfills the desire of those who fear him; *
he hears their cry and helps them.

The Lord preserves all those who love him, *
but he destroys all wickedness.

My mouth shall speak the praise of the Lord; *
let all flesh bless his holy Name for ever and ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lesson

Silence may be kept after the Reading.

The Song of Mary

Magnificat

Luke 1:46-55

Antiphon

The Almighty has done great things for me, and holy is his Name.

Lent He was wounded for our transgressions, he was bruised for our iniquities;
and by his stripes we are healed.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him *
in every generation.
He has shown the strength of his arm, *
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

That this evening may be holy, good, and peaceful,
We entreat you, O Lord.

That your holy angels may lead us in paths of peace and goodwill,
We entreat you, O Lord.

That we may be pardoned and forgiven for our sins and offenses,
We entreat you, O Lord.

That there may be peace to your Church and to the whole world,
We entreat you, O Lord.

That we may depart this life in your faith and fear, and see you at last face to face,
We entreat you, O Lord.

That we may be bound together by your Holy Spirit in the communion of all your saints,
entrusting one another and all our life to Christ,
We entreat you, O Lord.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

Lord God, whose Son our Savior Jesus Christ triumphed over the powers of death and prepared for us our place in the new Jerusalem: Grant that we, who have this day given thanks for his resurrection, may praise you in that City of which he is the light, and where he lives and reigns for ever and ever. *Amen.*

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men and women everywhere love you and serve you in peace; through Jesus Christ our Lord. *Amen.*

*Here may be sung a hymn or anthem.
Intercessions and thanksgivings may follow.*

Let us bless the Lord.
Thanks be to God.

Monday Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The earth is the Lord's, for he made it: *Come let us adore him.*

In Lent

The Lord is full of compassion and mercy: Come let us adore him.

Venite *Psalm 95:1-7*

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

The Psalm

106 Part I *Confitemini Domino*

Antiphon

Remember us, O Lord, with the favor you have for your people, and visit us with your saving help, [hallelujah].

[Hallelujah!] Give thanks to the Lord, for he is good, *
for his mercy endures for ever.

Who can declare the mighty acts of the Lord *
or show forth all his praise?

Happy are those who act with justice *
and always do what is right!

Remember me, O Lord, with the favor you have for your people, *
and visit me with your saving help;

That I may see the prosperity of your elect and be glad with the gladness of your people *
that I may glory with your inheritance.

We have sinned as our forebears did; *
we have done wrong and dealt wickedly.

In Egypt they did not consider your marvelous works,
nor remember the abundance of your love; *
they defied the Most High at the Red Sea.

But he saved them for his Name's sake, *
to make his power known.

He rebuked the Red Sea, and it dried up, *
and he led them through the deep as through a desert.

He saved them from the hand of those who hated them *
and redeemed them from the hand of the enemy.

The waters covered their oppressors; *
not one of them was left.

Then they believed his words *
and sang him songs of praise.

But they soon forgot his deeds *
and did not wait for his counsel.

A craving seized them in the wilderness, *
and they put God to the test in the desert.

He gave them what they asked, *
but sent leanness into their soul.

They envied Moses in the camp, *
and Aaron, the holy one of the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading:

A Song of Peace

Isaiah 2:3-5

Antiphon

Teach us your ways, that we may walk in the way of peace.

Come, let us go up to the mountain of God,*
to the house of the God of Jacob;
That God may teach us his ways,*
and that we may walk in his paths.
For the law shall go out from Zion,*
and the word of the Lord from Jerusalem.
God shall mediate between the nations,*
and shall judge for many peoples.
They shall beat their swords into ploughshares,*
and their spears into pruning hooks.
Nation shall not lift up sword against nation,*
neither shall they learn war any more.
O People of Jacob, come:*
let us walk in the light of the Lord.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

After the second reading:

19 The Song of the Redeemed

Magna et mirabilia

Revelation 15:3-4

Antiphon

Your ways are ways of righteousness and truth, O King of all the ages.

Lent All nations whom you have made shall come, and shall worship before you, O Lord.

O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.
Your ways are ways of righteousness and truth, *
O King of all the ages.
Who can fail to do you homage, Lord,
and sing the praises of your Name? *
for you only are the holy One.
All nations will draw near and fall down before you, *
because your just and holy works have been revealed.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

Officiant and People together

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;

R. Govern and uphold them, now and always.

V. Day by day we bless you;

R. We praise your Name for ever.

V. Lord, keep us from all sin today;

R. Have mercy on us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. For we put our trust in you.

V. In you, Lord, is our hope;

R. And we shall never hope in vain.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Let us bless the Lord.

Thanks be to God.

Monday Evening Prayer

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice. *Psalm 141:2*

The following Confession of Sin may then be said; or the Office may continue at once with "O God make speed to save us."

Confession of Sin

The Officiant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. *Amen.*

The Priest alone says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

A deacon or lay person using the preceding form substitutes "us" for "you" and "our" for "your."

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalm

106: Part II *Et fecerunt vitulum*

Antiphon

Save us, O Lord our God, and gather us from among the nations, [hallelujah].

Israel made a bull-calf at Horeb *
and worshiped a molten image;
And so they exchanged their Glory *
for the image of an ox that feeds on grass.
They forgot God their Savior, *
who had done great things in Egypt,
Wonderful deeds in the land of Ham, *
and fearful things at the Red Sea.
So he would have destroyed them,
had not Moses his chosen stood before him in the breach, *
to turn away his wrath from consuming them.
They refused the pleasant land *
and would not believe his promise.
They grumbled in their tents *
and would not listen to the voice of the Lord.
They joined themselves to Baal-Peor *
and ate sacrifices offered to the dead.
They provoked him to anger with their actions, *
and a plague broke out among them.
Then Phinehas stood up and interceded, *
and the plague came to an end.
This was reckoned to him as righteousness *
throughout all generations for ever.

Many a time did he deliver them, but they rebelled through their own devices, *
and were brought down in their iniquity.

Nevertheless, he saw their distress, *
when he heard their lamentation.

He remembered his covenant with them *
and relented in accordance with his great mercy.

He caused them to be pitied *
by those who held them captive.

Save us, O Lord our God, and gather us from among the nations, *
that we may give thanks to your holy Name and glory in your praise.

Blessed be the Lord, the God of Israel, from everlasting and to everlasting; *
and let all the people say, "Amen!" [Hallelujah]!
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lesson

Silence may be kept after each Reading.

A Song of the Blessed

Matthew 5:3-10

Antiphon

Rejoice and be glad, for great is your reward in heaven.

Blessed are the poor in spirit;
for theirs is the kingdom of heaven.

Blessed are those who mourn,*
for they shall be comforted.

Blessed are the meek,*
for they shall inherit the earth.

Blessed are those who hunger and thirst for what is right,*
for they shall be satisfied.

Blessed are the merciful,*
for mercy shall be shown to them.

Blessed are the pure in heart,*
for they shall see God.

Blessed are the peacemakers,*
for they shall be called the children of God.

Blessed are those who are persecuted for righteousness' sake,*
for theirs is the kingdom of heaven.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Peace

Most holy God, the source of all good desires, all right judgments, and all just works: Give to us, your servants, that peace which the world cannot give, so that our minds may be fixed on the doing of your will, and that we, being delivered from the fear of all enemies, may live in peace and quietness; through the mercies of Christ Jesus our Savior. *Amen.*

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men and women everywhere love you and serve you in peace; through Jesus Christ our Lord. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Then may be said

Let us bless the Lord.

Thanks be to God.

Tuesday Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

Psalm 63:1-8 *Deus, Deus meus*

O God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.
Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.
For your loving-kindness is better than life itself; *
my lips shall give you praise.
So will I bless you as long as I live *
and lift up my hands in your Name.
My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,
When I remember you upon my bed, *
and meditate on you in the night watches.
For you have been my helper, *
and under the shadow of your wings I will rejoice.
My soul clings to you; *
your right hand holds me fast.

The Psalms

121 *Levavi oculos*

Antiphon

My help comes from the Lord, the maker of heaven and earth.

I lift up my eyes to the hills; *
from where is my help to come?

My help comes from the Lord, *
the maker of heaven and earth.

He will not let your foot be moved *
and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;

The Lord himself watches over you; *
the Lord is your shade at your right hand,

So that the sun shall not strike you by day, *
nor the moon by night.

The Lord shall preserve you from all evil; *
it is he who shall keep you safe.

The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

122 *LFtatus sum*

Antiphon

I pray for your prosperity and peace, O Jerusalem.

I was glad when they said to me, *
“Let us go to the house of the Lord.”

Now our feet are standing *
within your gates, O Jerusalem.

Jerusalem is built as a city *
that is at unity with itself;

To which the tribes go up, the tribes of the Lord, *
the assembly of Israel, to praise the Name of the Lord.

For there are the thrones of judgment, *
the thrones of the house of David.

Pray for the peace of Jerusalem: *
“May they prosper who love you.

Peace be within your walls *
and quietness within your towers.

For my brethren and companions' sake, *
I pray for your prosperity.

Because of the house of the Lord our God, *
I will seek to do you good.”

123 *Ad te levavi oculos meos*

Antiphon

Our eyes look to the Lord our God, until he show us his mercy.

To you I lift up my eyes, *
to you enthroned in the heavens.

As the eyes of servants look to the hand of their masters, *
and the eyes of a maid to the hand of her mistress,
So our eyes look to the Lord our God, *
until he show us his mercy.

Have mercy upon us, O Lord, have mercy, *
for we have had more than enough of contempt,
Too much of the scorn of the indolent rich, *
and of the derision of the proud.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading:

13 A Song of Praise *Benedictus es, Domine*

Song of the Three Young Men, 29-34

Antiphon

Glory to you, Lord God of our fathers; you are worthy of praise; glory to you. +
Lent O Lord of hosts, enthroned upon the Cherubim, look with pity upon your servants.

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
+ Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

After the second Reading:

18 A Song to the Lamb *Dignus es*

Revelation 4:11; 5:9-10, 13

Antiphon

You have made us a kingdom of priests, O Lord, to serve our God and Father.
Lent You were slain, O Lord, and have redeemed us to God by your own blood.

Splendor and honor and kingly power*
are yours by right, O Lord our God,
For you created everything that is,*
and by your will they were created and have their being.
And yours by right, O Lamb that was slain,*
for with your blood you have redeemed for God,
From every family, language, people, and nation,*
a kingdom of priests to serve our God.
And so, to him who sits upon the throne,*
and to Christ the Lamb,
Be worship and praise, dominion and splendor,*
for ever and for evermore.

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your Name for ever.
V. Lord, keep us from all sin today;
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. *Amen.*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Let us bless the Lord.
Thanks be to God.

Tuesday Evening Prayer

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalms

124 *Nisi quia Dominus*

Antiphon

Our help is in the Name of the Lord.

If the Lord had not been on our side, *
let Israel now say;

If the Lord had not been on our side, *
when enemies rose up against us;

Then would they have swallowed us up alive *
in their fierce anger toward us;

Then would the waters have overwhelmed us *
and the torrent gone over us;

Then would the raging waters *
have gone right over us.

Blessed be the Lord! *
he has not given us over to be a prey for their teeth.
We have escaped like a bird from the snare of the fowler; *
the snare is broken, and we have escaped.
Our help is in the Name of the Lord, *
the maker of heaven and earth.

126 *In convertendo*

Antiphon

Those who sowed with tears will reap with songs of joy.

When the Lord restored the fortunes of Zion, *
then were we like those who dream.

Then was our mouth filled with laughter, *
and our tongue with shouts of joy.

Then they said among the nations, *
"The Lord has done great things for them."

The Lord has done great things for us, *
and we are glad indeed.

Restore our fortunes, O Lord, *
like the watercourses of the Negev.

Those who sowed with tears *
will reap with songs of joy.

Those who go out weeping, carrying the seed, *
will come again with joy, shouldering their sheaves.

127 *Nisi Dominus*

Antiphon

Unless the Lord builds the house, their labor is in vain who build it. +

Unless the Lord builds the house, *
their labor is in vain who build it.

+ Unless the Lord watches over the city, *
in vain the watchman keeps his vigil.

It is in vain that you rise so early and go to bed so late; *
vain, too, to eat the bread of toil,
for he gives to his beloved sleep.

Children are a heritage from the Lord, *
and the fruit of the womb is a gift.

130 *De profundis*

Antiphon

With the Lord there is mercy, and with him there is plenteous redemption.

Out of the depths have I called to you, O Lord; Lord, hear my voice; *
let your ears consider well the voice of my supplication.

If you, Lord, were to note what is done amiss, *
O Lord, who could stand?

For there is forgiveness with you; *
therefore you shall be feared.

I wait for the Lord; my soul waits for him; *
in his word is my hope.

My soul waits for the Lord, more than watchmen for the morning, *
more than watchmen for the morning.

O Israel, wait for the Lord, *
for with the Lord there is mercy;

With him there is plenteous redemption, *
and he shall redeem Israel from all their sins.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lesson

Silence may be kept after the Reading.

The Song of Mary *Magnificat*

Luke 1:46-55

Antiphon

My spirit rejoices in God my Savior.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

That this evening may be holy, good, and peaceful,
We entreat you, O Lord.
That your holy angels may lead us in paths of peace and goodwill,
We entreat you, O Lord.
That we may be pardoned and forgiven for our sins and offenses,
We entreat you, O Lord.
That there may be peace to your Church and to the whole world,
We entreat you, O Lord.
That we may depart this life in your faith and fear, and see you at last face to face,
We entreat you, O Lord.

That we may be bound together by your Holy Spirit in the communion of [_____ and] all your saints, entrusting one another and all our life to Christ,
We entreat you, O Lord.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Aid against Perils

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. *Amen.*

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Before the close of the Office the following may be used

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

Then may be said

Let us bless the Lord.

Thanks be to God.

Wednesday Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.

People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The earth is the Lord's, for he made it: Come let us adore him.

In Lent

The Lord is full of compassion and mercy: Come let us adore him.

Venite *Psalm 95:1-7*

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

The Psalms

148 *Laudate Dominum*

Antiphon

Praise the Lord from the heavens; praise the Lord from the earth, [hallelujah.]

[Hallelujah!] Praise the Lord from the heavens; *
praise him in the heights.

Praise him, all you angels of his; *
praise him, all his host.

Praise him, sun and moon; *
praise him, all you shining stars.

Praise him, heaven of heavens, *
and you waters above the heavens.

Let them praise the Name of the Lord; *
for he commanded, and they were created.

He made them stand fast for ever and ever; *
he gave them a law which shall not pass away.

Praise the Lord from the earth, *
you sea-monsters and all deeps;

Fire and hail, snow and fog, *
tempestuous wind, doing his will;

Mountains and all hills, *
fruit trees and all cedars;

Wild beasts and all cattle, *
creeping things and winged birds;

Kings of the earth and all peoples, *
princes and all rulers of the world;

Young men and maidens, *
old and young together.

Let them praise the Name of the Lord, *
for his Name only is exalted, his splendor is over earth and heaven.

He has raised up strength for his people and praise for all his loyal servants, *
the children of Israel, a people who are near him. [Hallelujah!]

149 *Cantate Domino*

Antiphon

Let the children of Zion be joyful in their King, [hallelujah.]

[Hallelujah!] Sing to the Lord a new song; *
sing his praise in the congregation of the faithful.

Let Israel rejoice in his Maker; *
let the children of Zion be joyful in their King.

Let them praise his Name in the dance; *
let them sing praise to him with timbrel and harp.

For the Lord takes pleasure in his people *
and adorns the poor with victory.

Let the faithful rejoice in triumph; *
let them be joyful on their beds.

Let the praises of God be in their throat *
this is glory for all his faithful people. [Hallelujah!]

150 *Laudate Dominum*

Antiphon

Praise the Lord for his excellent greatness, [hallelujah.]

[Hallelujah!] Praise God in his holy temple; *
praise him in the firmament of his power.

Praise him for his mighty acts; *
praise him for his excellent greatness.

Praise him with the blast of the ram's-horn; *
praise him with lyre and harp.

Praise him with timbrel and dance; *
praise him with strings and pipe.

Praise him with resounding cymbals; *
praise him with loud-clanging cymbals.

Let everything that has breath *
praise the Lord. [Hallelujah!]

Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning is now, and will be for ever. Amen.

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading:

11 The Third Song of Isaiah *Surge, illuminare*

Isaiah 60:1-3, 11a, 14c, 18-19

Antiphon

Arise, shine, for your light has come, and the glory of the Lord has dawned upon you. +
Lent The Lord will comfort Zion, and will again choose Jerusalem.

Arise, shine, for your light has come, *
and the glory of the Lord has dawned upon you.
+ For behold, darkness covers the land; *
deep gloom enshrouds the peoples.
But over you the Lord will rise, *
and his glory will appear upon you.
Nations will stream to your light, *
and kings to the brightness of your dawning.
Your gates will always be open; *
by day or night they will never be shut.
They will call you, The City of the Lord, *
The Zion of the Holy One of Israel.

Violence will no more be heard in your land, *
ruin or destruction within your borders.
You will call your walls, Salvation, *
and all your portals, Praise.
The sun will no more be your light by day; *
by night you will not need the brightness of the moon.
The Lord will be your everlasting light, *
and your God will be your glory.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

After the second Reading:

16 The Song of Zechariah *Benedictus Dominus Deus*

Luke 1:68-79

Antiphon

The Lord has come to his people and set them free.

Lent God has given his people knowledge of salvation by the forgiveness of their sins.

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.
You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your Name for ever.
V. Lord, keep us from all sin today;
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Let us bless the Lord.

Thanks be to God.

Wednesday Evening Prayer

Worship the Lord in the beauty of holiness; let the whole earth tremble before him.

Psalm 96:9

The following Confession of Sin may then be said; or the Office may continue at once with "O God make speed to save us."

Confession of Sin

The Officiant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together

Most merciful God,

we confess that we have sinned against you
in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. *Amen.*

The Priest alone says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

A deacon or lay person using the preceding form substitutes "us" for "you" and "our" for "your."

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalms

93 *Dominus regnavit*

Antiphon

Mighty is the Lord who dwells on high.

Lent Your testimonies are very sure, O Lord; and mightier than the sound of many waters.

The Lord is King; he has put on splendid apparel; *
+ the Lord has put on his apparel and girded himself with strength.

He has made the whole world so sure *
that it cannot be moved;

Ever since the world began, your throne has been established; *
you are from everlasting.

The waters have lifted up, O Lord, the waters have lifted up their voice; *
the waters have lifted up their pounding waves.

Mightier than the sound of many waters, mightier than the breakers of the sea, *
mightier is the Lord who dwells on high.

Your testimonies are very sure, *
and holiness adorns your house, O Lord, for ever and for evermore.

96 *Cantate Domino*

Antiphon

Sing to the Lord and bless his Name.

Lent The Lord will judge the world with righteousness.

Sing to the Lord a new song; *
sing to the Lord, all the whole earth.

Sing to the Lord and bless his Name; *
proclaim the good news of his salvation from day to day.

Declare his glory among the nations *
and his wonders among all peoples.

For great is the Lord and greatly to be praised; *
he is more to be feared than all gods.

As for all the gods of the nations, they are but idols; *
but it is the Lord who made the heavens.

Oh, the majesty and magnificence of his presence! *
Oh, the power and the splendor of his sanctuary!
Ascribe to the Lord, you families of the peoples; *
ascribe to the Lord honor and power.
Ascribe to the Lord the honor due his Name; *
bring offerings and come into his courts.
Worship the Lord in the beauty of holiness; *
let the whole earth tremble before him.
Tell it out among the nations: "The Lord is King! *
he has made the world so firm that it cannot be moved; he will judge the peoples with equity."
Let the heavens rejoice, and let the earth be glad; let the sea thunder and all that is in it; *
let the field be joyful and all that is therein.
Then shall all the trees of the wood shout for joy before the Lord when he comes, *
when he comes to judge the earth.
He will judge the world with righteousness *
and the peoples with his truth.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading.

The Song of Mary *Magnificat*

Luke 1:46-55

Antiphon

The Lord has come to the help of his servant Israel, for he has remembered his promise of mercy.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him *
in every generation.
He has shown the strength of his arm, *
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Protection

O God, the life of all who live, the light of the faithful, the strength of those who labor, and the repose of the dead: We thank you for the blessings of the day that is past, and humbly ask for your protection through the coming night. Bring us in safety to the morning hours; through him who died and rose again for us, your Son our Savior Jesus Christ. *Amen.*

O God, you manifest in your servants the signs of your presence: Send forth upon us the Spirit of love, that in companionship with one another your abounding grace may increase among us; through Jesus Christ our Lord. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Before the close of the Office the following may be used

The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. *Amen.*

Then may be said

Let us bless the Lord.

Thanks be to God.

Thursday Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

Psalm 67:1-5 *Deus misereatur*

O God, be merciful to us and bless us, *
show us the light of your countenance and come to us.
Let your ways be known upon earth, *
your saving health among all nations.
Let the peoples praise you, O God; *
let all the peoples praise you.
Let the nations be glad and sing for joy, *
for you judge the peoples with equity
and guide all the nations upon earth.
Let the peoples praise you, O God; *
let all the peoples praise you.

The Psalms

131 *Domine, non est*

Antiphon

Whoever humbles himself as a little child shall be great in the kingdom of heaven.

O Lord, I am not proud; *
I have no haughty looks.

I do not occupy myself with great matters, *
or with things that are too hard for me.

But I still my soul and make it quiet, like a child upon its mother's breast; *
my soul is quieted within me.

O Israel, wait upon the Lord, *
from this time forth for evermore.

132 *Memento, Domine*

Antiphon

The Lord has chosen Zion; he has desired her for his habitation.

Lord, remember David, *
and all the hardships he endured;
How he swore an oath to the Lord *
and vowed a vow to the Mighty One of Jacob:
"I will not come under the roof of my house," *
nor climb up into my bed;
I will not allow my eyes to sleep, *
nor let my eyelids slumber;
Until I find a place for the Lord, *
a dwelling for the Mighty One of Jacob."
"The ark! We heard it was in Ephratah; *
we found it in the fields of Jearim.
Let us go to God's dwelling place; *
let us fall upon our knees before his footstool."
Arise, O Lord, into your resting-place, *
you and the ark of your strength.
Let your priests be clothed with righteousness; *
let your faithful people sing with joy.
For your servant David's sake, *
do not turn away the face of your Anointed.
The Lord has sworn an oath to David; *
in truth, he will not break it:
"A son, the fruit of your body *
will I set upon your throne.
If your children keep my covenant and my testimonies that I shall teach them, *
their children will sit upon your throne for evermore."
For the Lord has chosen Zion; *
he has desired her for his habitation:
"This shall be my resting-place for ever; *
here will I dwell, for I delight in her.
I will surely bless her provisions, *
and satisfy her poor with bread.
I will clothe her priests with salvation, *
and her faithful people will rejoice and sing.
There will I make the horn of David flourish; *
I have prepared a lamp for my Anointed.
As for his enemies, I will clothe them with shame; *
but as for him, his crown will shine."

133 *Ecce, quam bonum!*

Antiphon

Oh, how good and pleasant it is, when brethren dwell together in unity! +

+ Oh, how good and pleasant it is, *
when brethren live together in unity!
It is like fine oil upon the head *
that runs down upon the beard,
Upon the beard of Aaron, *
and runs down upon the collar of his robe.
It is like the dew of Hermon *
that falls upon the hills of Zion.
For there the Lord has ordained the blessing: *
life for evermore.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading:

Canticle J

A Song of Judith

Judith 16:13-16

Antiphon

You sent forth your Spirit, O God, and you continue to show mercy to all.

I will sing a new song to my God, *
for you are great and glorious, wonderful in strength, invincible.
Let the whole creation serve you, *
for you spoke and all things came into being.
You sent your breath and it formed them, *
no one is able to resist your voice.
Mountains and seas are stirred to their depths, *
rocks melt like wax at your presence.
But to those who fear you, *
you continue to show mercy.
No sacrifice, however fragrant, can please you, *
but whoever fears the Lord shall stand in your sight for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

After the second Reading:

[Lent: Canticle 19]

20 Glory to God *Gloria in excelsis*

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world;
have mercy on us;
you are seated at the right hand of the Father;
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. *Amen.*

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your Name for ever.
V. Lord, keep us from all sin today;
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Let us bless the Lord.

Thanks be to God.

Thursday Evening Prayer

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalms

134 *Ecce nunc*

Antiphon

Lift up your hands in the holy place and bless the Lord.

Behold now, bless the Lord, all you servants of the Lord, *
you that stand by night in the house of the Lord.

Lift up your hands in the holy place and bless the Lord; *
the Lord who made heaven and earth bless you out of Zion.

135 *Laudate nomen*

Antiphon

Praise the Lord, for the Lord is good; sing praises to his Name for it is lovely, [hallelujah.]

[Hallelujah !] Praise the Name of the Lord; *
give praise, you servants of the Lord,
You who stand in the house of the Lord, *
in the courts of the house of our God.

Praise the Lord, for the Lord is good; *
sing praises to his Name, for it is lovely.

For the Lord has chosen Jacob for himself *
and Israel for his own possession.

For I know that the Lord is great, *
and that our Lord is above all gods.

The Lord does whatever pleases him, in heaven and on earth, *
in the seas and all the deeps.

He brings up rain clouds from the ends of the earth; *
he sends out lightning with the rain, and brings the winds out of his storehouse.

It was he who struck down the firstborn of Egypt, *
the firstborn both of man and beast.

He sent signs and wonders into the midst of you, O Egypt, *
against Pharaoh and all his servants.

He overthrew many nations *
and put mighty kings to death:

Sihon, king of the Amorites, and Og, the king of Bashan, *
and all the kingdoms of Canaan.

He gave their land to be an inheritance, *
an inheritance for Israel his people.

O Lord, your Name is everlasting; *
your renown, O Lord, endures from age to age.

For the Lord gives his people justice *
and shows compassion to his servants.

The idols of the heathen are silver and gold, *
the work of human hands.

They have mouths, but they cannot speak; *
eyes have they, but they cannot see.

They have ears, but they cannot hear; *
neither is there any breath in their mouth.

Those who make them are like them, *
and so are all who put their trust in them.

Bless the Lord, O house of Israel; *
O house of Aaron, bless the Lord.

Bless the Lord, O house of Levi; *
you who fear the Lord, bless the Lord.

Blessed be the Lord out of Zion, *
who dwells in Jerusalem. [Hallelujah!]

Glory to the Father, and to the Son, and to the Holy Spirit, *
as it was in the beginning, is now, and will be for ever. Amen.

The Lesson

Silence may be kept after each Reading.

The Song of Mary *Magnificat*

Luke 1:46-55

Antiphon

God has cast down the mighty from their thrones, and has lifted up the lowly.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him *
in every generation.
He has shown the strength of his arm, *
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

That this evening may be holy, good, and peaceful,
We entreat you, O Lord.

That your holy angels may lead us in paths of peace and goodwill,
We entreat you, O Lord.

That we may be pardoned and forgiven for our sins and offenses,
We entreat you, O Lord.

That there may be peace to your Church and to the whole world,
We entreat you, O Lord.

That we may depart this life in your faith and fear, and see you at last face to face,
We entreat you, O Lord.

That we may be bound together by your Holy Spirit in the communion of [_____ and] all
your saints, entrusting one another and all our life to Christ,
We entreat you, O Lord.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for the Presence of Christ

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. *Amen.*

O God, you manifest in your servants the signs of your presence: Send forth upon us the Spirit of love, that in companionship with one another your abounding grace may increase among us; through Jesus Christ our Lord. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Then may be said

Let us bless the Lord.

Thanks be to God.

Friday Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The mercy of the Lord is everlasting: *Come let us adore him.*

In Lent

The Lord is full of compassion and mercy: Come let us adore him.

Venite *Psalm 95:1-7*

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

The Psalm

40 *Expectans, expectavi*

Antiphon

My food is to do the will of my Father.

I waited patiently upon the Lord; *
he stooped to me and heard my cry.

He lifted me out of the desolate pit, out of the mire and clay; *
he set my feet upon a high cliff and made my footing sure.

He put a new song in my mouth, a song of praise to our God; *
many shall see, and stand in awe, and put their trust in the Lord.

Happy are they who trust in the Lord! *
they do not resort to evil spirits or turn to false gods.

Great things are they that you have done, O Lord my God!
how great your wonders and your plans for us! *
there is none who can be compared with you.

Oh, that I could make them known and tell them! *
but they are more than I can count.

In sacrifice and offering you take no pleasure *
(you have given me ears to hear you);

Burnt-offering and sin-offering you have not required, *
and so I said, "Behold, I come.

In the roll of the book it is written concerning me: *
'I love to do your will, O my God; your law is deep in my heart.'"

I proclaimed righteousness in the great congregation; *
behold, I did not restrain my lips; and that, O Lord, you know.

Your righteousness have I not hidden in my heart;
I have spoken of your faithfulness and your deliverance; *
I have not concealed your love and faithfulness from the great congregation.

You are the Lord; do not withhold your compassion from me; *
let your love and your faithfulness keep me safe for ever,

For innumerable troubles have crowded upon me;
my sins have overtaken me, and I cannot see; *
they are more in number than the hairs of my head, and my heart fails me.

Be pleased, O Lord, to deliver me; *
O Lord, make haste to help me.

Let all who seek you rejoice in you and be glad; *
let those who love your salvation continually say, "Great is the Lord!"

Though I am poor and afflicted, *
the Lord will have regard for me.

You are my helper and my deliverer; *
do not tarry, O my God.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading:

Canticle F A Song of Lamentation

Lamentations 1:12,16; 3:19,22-24,26

Antiphon

The steadfast love of God never ceases; therefore will I hope in God.

Is it nothing to you, all you who pass by? *

Look and see if there is any sorrow like my sorrow,

Which was brought upon me, *

inflicted by God's fierce anger.

For these things I weep; my eyes flow with tears, *

for a comforter is far from me, one to revive my courage.

Remember my affliction and my bitterness, *

wormwood and gall!

The steadfast love of God never ceases, *

God's mercies never end.

They are new every morning; *

great is your faithfulness.

"God is my portion," says my soul, *

"therefore will I hope in God."

It is good that we should wait quietly *

for the coming of God's salvation.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. *Amen.*

After the second Reading:

18 A Song to the Lamb *Dignus es*

Revelation 4:11; 5:9-10, 13

Antiphon

You have made us a kingdom of priests, O Lord, to serve our God and Father.

Lent You were slain, O Lord, and have redeemed us to God by your own blood.

Splendor and honor and kingly power*

are yours by right, O Lord our God,

For you created everything that is,*

and by your will they were created and have their being.

And yours by right, O Lamb that was slain,*

for with your blood you have redeemed for God,

From every family, language, people, and nation,*

a kingdom of priests to serve our God.

And so, to him who sits upon the throne,*

and to Christ the Lamb,

Be worship and praise, dominion and splendor,*

for ever and for evermore.

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;

R. Govern and uphold them, now and always.

V. Day by day we bless you;

R. We praise your Name for ever.

V. Lord, keep us from all sin today;

R. Have mercy on us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. For we put our trust in you.

V. In you, Lord, is our hope;

R. And we shall never hope in vain.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Let us bless the Lord.

Thanks be to God.

Friday Evening Prayer

If I say, "Surely the darkness will cover me, and the light around me turn to night," darkness is not dark to you, O Lord; the night is as bright as the day; darkness and light to you are both alike. *Psalm 139:10, 11*

The following Confession of Sin may then be said; or the Office may continue at once with "O God make speed to save us."

Confession of Sin

The Officiant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. *Amen.*

The Priest alone says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

A deacon or lay person using the preceding form substitutes "us" for "you" and "our" for "your."

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalms

141 *Domine, clamavi*

Antiphon

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice.

O Lord, I call to you; come to me quickly; *
hear my voice when I cry to you.

Let my prayer be set forth in your sight as incense, *
the lifting up of my hands as the evening sacrifice.

Set a watch before my mouth, O Lord,
and guard the door of my lips; *
let not my heart incline to any evil thing.

But my eyes are turned to you, Lord God; *
in you I take refuge.

143 *Domine, exaudi*

Antiphon

I spread out my hands to you, O Lord; do not hide your face from me.

Lord, hear my prayer, and in your faithfulness heed my supplications; *
answer me in your righteousness.

Enter not into judgment with your servant, *
for in your sight shall no one living be justified.

For my enemy has sought my life; he has crushed me to the ground; *
he has made me live in dark places like those who are long dead.

My spirit faints within me; *
my heart within me is desolate.

I remember the time past; I muse upon all your deeds; *
I consider the works of your hands.

I spread out my hands to you; *
my soul gasps to you like a thirsty land.

O Lord, make haste to answer me; my spirit fails me; *
do not hide your face from me or I shall be like those who go down to the Pit.

Let me hear of your loving-kindness in the morning, for I put my trust in you; *
show me the road that I must walk, for I lift up my soul to you.

Deliver me, O Lord, *
for I flee to you for refuge.

Teach me to do what pleases you, for you are my God; *
let your good Spirit lead me on level ground.

Revive me, O Lord, for your Name's sake; *
for your righteousness' sake, bring me out of trouble.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading.

The Song of Mary *Magnificat*

Luke 1:46-55

Antiphon

My spirit rejoices in God my Savior.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Fridays

Lord Jesus Christ, by your death you took away the sting of death: Grant to us your servants so to follow in faith where you have led the way, that we may at length fall asleep peacefully in you and wake up in your likeness; for your tender mercies' sake. *Amen.*

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake.
Amen.

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Then may be said
Let us bless the Lord.
Thanks be to God.

Saturday

Morning Prayer

The Invitatory and Psalter

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The earth is the Lord's, for he made it: Come let us adore him.

In Lent

The Lord is full of compassion and mercy: Come let us adore him.

Jubilate *Psalm 100*

Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.
Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.
For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

The Psalms

137 *Super flumina*

Antiphon

If I forget you, O Jerusalem, let my right hand forget its skill.

By the waters of Babylon we sat down and wept, *
when we remembered you, O Zion.

As for our harps, we hung them up *
on the trees in the midst of that land.

For those who led us away captive asked us for a song,
and our oppressors called for mirth: *
"Sing us one of the songs of Zion."

How shall we sing the Lord's song *
upon an alien soil?

If I forget you, O Jerusalem, *
let my right hand forget its skill.

Let my tongue cleave to the roof of my mouth if I do not remember you, *
if I do not set Jerusalem above my highest joy.

144 *Benedictus Dominus*

Antiphon

God is my help and fortress, my shield in whom I trust.

Blessed be the Lord my rock! *
My help and my fortress, my stronghold and my deliverer, my shield in whom I trust.

O Lord, what are we that you should care for us? *
mere mortals that you should think of us?

We are like a puff of wind; *
our days are like a passing shadow.

Bow your heavens, O Lord, and come down; *
touch the mountains, and they shall smoke.

Stretch out your hand from on high; *
rescue me and deliver me from the great waters.

O God, I will sing to you a new song; *
I will play to you on a ten-stringed lyre.

You give victory to kings *
and have rescued David your servant.

May our sons be like plants well nurtured from their youth, *
and our daughters like sculptured corners of a palace.

May our barns be filled to overflowing with all manner of crops; *
may the flocks in our pastures increase by thousands and tens of thousands;
may our cattle be fat and sleek.

May there be no breaching of the walls, *
no going into exile, no wailing in the public squares.

Happy are the people of whom this is so! *
happy are the people whose God is the Lord!
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading. A Canticle is sung or said after each Reading.

After the first Reading:

Canticle D

A Song of the Wilderness

Isaiah 35:1-7,10

Antiphon

The ransomed of the Lord shall return, and sorrow and sighing shall flee away.

The wilderness and the dry land shall be glad, *
the desert shall rejoice and blossom;
It shall blossom abundantly, *
and rejoice with joy and singing.
They shall see the glory of the Lord, *
the majesty of our God.
Strengthen the weary hands, *
and make firm the feeble knees.
Say to the anxious, "Be strong, do not fear! *
Here is your God, coming with judgment to save you."
Then shall the eyes of the blind be opened, *
and the ears of the deaf be unstopped.
Then shall the lame leap like a deer, *
and the tongue of the speechless sing for joy.
For waters shall break forth in the wilderness *
and streams in the desert;
The burning sand shall become a pool *
and the thirsty ground, springs of water.
The ransomed of God shall return with singing, *
with everlasting joy upon their heads.
Joy and gladness shall be theirs, *
and sorrow and sighing shall flee away.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

After the second Reading:

Canticle 19

The Song of the Redeemed *Magna et mirabilia*

Revelation 15:3-4

Antiphon

Your ways are ways of righteousness and truth, O King of all the ages.

Lent: All nations whom you have made shall come and shall worship before you, O Lord.

O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.

Your ways are ways of righteousness and truth,*
O King of all the ages.
Who can fail to do you homage, Lord,
and sing the praises of your Name?*

for you only are the Holy One.
All nations will draw near and fall down before you,*
because your just and holy works have been revealed.
Glory to the Father, and to the Son, and to the Holy Spirit,*
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.

Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your Name for ever.
V. Lord, keep us from all sin today;
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Saturdays

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. *Amen.*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

*Here may be sung a hymn or anthem.
Intercessions and thanksgivings may follow.*

Let us bless the Lord.
Thanks be to God.

Saturday Evening Prayer

Jesus said, "I am the light of the world; whoever follows me will not walk in darkness, but will have the light of life." *John 8:12*

The Invitatory and Psalter

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *Amen.*

Except in Lent: Alleluia.

The following, or some other suitable hymn may be sung or said

O Gracious Light *Phos hilaron*

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

The Psalm

104 *Benedic, anima mea*

Antiphon

O Lord my God, you are clothed with majesty and splendor; you wrap yourself with light as with a cloak, [hallelujah].

Advent Behold, the Lord will come, and all his saints with him, and on that day there will be a great light, hallelujah.

Bless the Lord, O my soul; *

O Lord my God, how excellent is your greatness! you are clothed with majesty and splendor.

You wrap yourself with light as with a cloak *

and spread out the heavens like a curtain.

You lay the beams of your chambers in the waters above; *

you make the clouds your chariot; you ride on the wings of the wind.

You make the winds your messengers *
and flames of fire your servants.

You have set the earth upon its foundations, *
so that it never shall move at any time.

You covered it with the Deep as with a mantle; *
the waters stood higher than the mountains.

At your rebuke they fled; *
at the voice of your thunder they hastened away.

They went up into the hills and down to the valleys beneath, *
to the places you had appointed for them.

You set the limits that they should not pass; *
they shall not again cover the earth.

You send the springs into the valleys; *
they flow between the mountains.

All the beasts of the field drink their fill from them, *
and the wild asses quench their thirst.

Beside them the birds of the air make their nests *
and sing among the branches.

You water the mountains from your dwelling on high; *
the earth is fully satisfied by the fruit of your works.

You make grass grow for flocks and herds *
and plants to serve mankind;

That they may bring forth food from the earth, *
and wine to gladden our hearts,

Oil to make a cheerful countenance, *
and bread to strengthen the heart.

The trees of the Lord are full of sap, *
the cedars of Lebanon which he planted,

In which the birds build their nests, *
and in whose tops the stork makes his dwelling.

The high hills are a refuge for the mountain goats, *
and the stony cliffs for the rock badgers.

You appointed the moon to mark the seasons, *
and the sun knows the time of its setting.

You make darkness that it may be night, *
in which all the beasts of the forest prowl.

The lions roar after their prey *
and seek their food from God.

The sun rises, and they slip away *
and lay themselves down in their dens.

Man goes forth to his work *
and to his labor until the evening.

O Lord, how manifold are your works! *
in wisdom you have made them all; the earth is full of your creatures.

Yonder is the great and wide sea with its living things too many to number, *
creatures both small and great.

There move the ships, and there is that Leviathan, *
which you have made for the sport of it.

All of them look to you *
to give them their food in due season.

You give it to them; they gather it; *
you open your hand, and they are filled with good things.

You hide your face, and they are terrified; *
you take away their breath, and they die and return to their dust.

You send forth your Spirit, and they are created; *
and so you renew the face of the earth.

May the glory of the Lord endure for ever; *
may the Lord rejoice in all his works.

He looks at the earth and it trembles; *
he touches the mountains and they smoke.

I will sing to the Lord as long as I live; *
I will praise my God while I have my being.

May these words of mine please him; *
I will rejoice in the Lord. Bless the Lord, O my soul. [Hallelujah]!
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Lessons

Silence may be kept after each Reading.

The Song of Mary *Magnificat*

Luke 1:46-55

Antiphon

The Lord has come to the help of his servant Israel, for he has remembered his promise of
mercy.

Advent Behold, the Name of the Lord comes from afar, and his glory fills the whole earth.

Lent Glory to our King, the Son of David and Redeemer of the world, whom the prophets
foretold would come to the house of Israel to be their Savior.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. *Amen.*

The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

Officiant and People
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. *Amen.*

That this evening may be holy, good, and peaceful,
We entreat you, O Lord.
That your holy angels may lead us in paths of peace and goodwill,
We entreat you, O Lord.
That we may be pardoned and forgiven for our sins and offenses,
We entreat you, O Lord.
That there may be peace to your Church and to the whole world,
We entreat you, O Lord.
That we may depart this life in your faith and fear, and see you at last face to face,
We entreat you, O Lord.

That we may be bound together by your Holy Spirit in the communion of [_____ and] all your saints, entrusting one another and all our life to Christ,
We entreat you, O Lord.

The Officiant then says one or more of the following Collects, adding a prayer for mission

The Collect of the Day

A Collect for Saturdays

O God, the source of eternal light: Shed forth your unending day upon us who watch for you, that our lips may praise you, our lives may bless you, and our worship on the morrow give you glory; through Jesus Christ our Lord. *Amen.*

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men and women everywhere love you and serve you in peace; through Jesus Christ our Lord. *Amen.*

Here may be sung a hymn or anthem.

Intercessions and thanksgivings may follow.

Then may be said

Let us bless the Lord.

Thanks be to God.